

# Services for Providers

## Are you an administrator or business owner?

You'll find a wide range of professionals in Services for Providers!  
Use this directory to form beneficial referral partnerships and call on these  
Care Options Network members for assistance in your daily operations.

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## Activities / Creative Arts

### Living Spirit Therapy Services, LLC

*Melissa Spiess, M.M., MT-BC, NMT Fellow .... (651) 363-3936*  
Board Certified Music Therapists & Neurologic Music Therapy@  
www.livingspirittherapy.com

### MacPhail Center for Music ..... (612) 767-5345 MacPhail Music for Life™

Music Programs & Classes for Adults 55+  
www.macphail.org

### Mary Kay Consultant

*Suzanne Erkel..... (612) 240-9495*  
Your Mobile, Spa-Free Facials & Makeovers  
www.marykay.com/serkel

## Appraisers

### Diversified Real Estate Services, Inc.

*Ryan Bessler, MAI..... (612) 349-9275*  
Real Estate Appraisers Specializing in Senior Living Facilities  
www.dresi.net

## Architects

### Firm Ground architects & designers

*Thomas P. Wasmoen, AIA..... (612) 819-1835*  
Well Built Projects Begin & Endure on Firm Ground  
www.firmgroundae.com

## Associations – Professional

### Care Providers of Minnesota ..... (952) 854-2844

7851 Metro Pkwy., #200, Bloomington, MN 55425  
Leading Members to Excellence  
www.careproviders.org

### LeadingAge Minnesota ..... (651) 645-4545

Supporting Senior Living Providers Through Advocacy,  
Education, Technical Assistance, Resources & More  
www.leadingagemn.org

### MAGiC

5001 Chowen Ave. S., Minneapolis, MN 55410  
MN Association for Guardianship & Conservatorship  
www.minnesotaguardianship.org

### Minneapolis Area Senior Workers Association (MASWA)

P.O. Box 26630, Minneapolis, MN 55426  
www.fallagingconference.com  
www.seniorworkers.org

### Minnesota Gerontological Society (MGS)

*Heidi Holste ..... (952) 260-0095*  
Bridging Research & Practice in Aging Services; Developing &  
Supporting Tomorrow's Leaders  
www.mngero.org

### Minnesota Leadership Council on Aging .... (651) 271-3116

Creating Communities & Systems Supporting Aging with  
Dignity & a Spirit of Well-Being in MN  
www.mnlcoa.org

### MN Nursing Home Social Workers Association

Twin Cities Chapter & 8 Chapters in MN. Membership Open  
to All Social Workers Serving Seniors.  
www.mnhswa.org

### PSST - Professionals Serving Seniors Together

*Rachel Rigo..... (651) 766-2265*  
\$30 Annual Dues Includes Business Web Listing; Networking  
Meetings are Free!  
www.pssttc.com

### Residential Care Providers Network (RCPN)

Providing Metro Area Residential Care Providers a Network of  
Support  
www.residentialcaremn.org

### St. Paul Senior Workers Association (SPSWA)

Info on Legislative Issues, Programs & Concerns of Seniors. Examining  
Issues Affecting Seniors & Exchanging Ideas & Resources.  
www.stpseniorworkers.org

## Bariatric Resources

### Handi Medical ..... (651) 644-9770

2505 University Ave. W., St. Paul, MN 55114  
1400 Madison Ave., Mankato, MN 56001  
www.handimedical.com

## Beauty Salon & Products (In-Home)

### Mary Kay Consultant

*Suzanne Erkel..... (612) 240-9495*  
Your Mobile, Spa-Free Facials & Makeovers  
www.marykay.com/serkel

## Care Systems

### Allina Health Senior Health ..... (612) 262-7800

1055 Westgate Dr., #100, St. Paul, MN 55114  
www.allinahealth.org/seniorhealth

### Fairview Partners ..... (952) 914-1720

7505 Metro Blvd., #100, Edina, MN 55439  
www.fairviewpartners.org

### Genevive (Geriatric Services of Minnesota).... (763) 587-7737

3433 Broadway St. NE, #300, Minneapolis, MN 55413  
www.genevive.org

### Northern Lights Health ..... (651) 603-4565

Residential & Facility-Based Primary & Wound Care;  
Connected. Convenient. Quality. Care.  
www.northernlightshealthcare.com

## Consulting – Alzheimer's / Dementia

### Alzheimer's Association MN / ND Chapter

.....24/7 Helpline (800) 272-3900  
Offices in MN & ND, 24/7 Helpline, No-cost Support Services  
for Those Impacted by Dementia & Alzheimer's  
www.alz.org/mnnd

### Alzheimer's Educator & Family Coach

*Valerie J. Richards, MBA..... (651) 210-7866*  
Facilitating Quality of Life with Chronic Conditions  
www.familieswithdementia.com

### Associated Clinic of Psychology ..... (612) 925-6033

4027 Cty. Rd. 25, Minneapolis, MN 55416  
The Leader in Mental Health Care Since 1980  
www.acp-mn.com

## Consulting – Alzheimer’s / Dementia (cont’d)

**Bluestone Physician Services** ..... (651) 342-1039  
Specializing in On-Site Primary Care. Expert Care; More Convenience.  
www.bluestonemd.com

**Dr. Joseph E. Gaugler, Professor** ..... (612) 626-2485  
Robert L. Kane Endowed Chair, Long-Term Care & Aging.  
Topics: Dementia, Caregiving, Families & LTC.  
www.https://directory.sph.umn.edu/bio/sph-a-z/joseph-gaugler

**FamilyMeans**..... (651) 439-4840  
Serving Caregivers & Older Adults for 35+ Years  
www.familymeans.org

**Living Spirit Therapy Services, LLC**  
**Melissa Spiess, M.M., MT-BC, NMT Fellow** .... (651) 363-3936  
Board Certified Music Therapists & Neurologic Music Therapy@  
www.livingspirittherapy.com

**Pathway Health**..... (651) 407-8699  
Insight | Expertise | Knowledge | Consulting  
Interim | Resources | Education  
www.pathwayhealth.com

**Tandem Strength & Balance / SAU**..... (952) 746-3222  
Get Strong, Stay Strong, Regardless of Age / Diagnosis. Ongoing  
PT / Fall Prevention / Transfer Training.  
www.tandemsb.com

## Consulting – Clinical

**Accelerated Care Solutions, LLC**..... (952) 314-5176  
Support Clinical Teams with Staff for Best Outcomes. Senior  
Housing AL / MC / Enhanced Care & Home Care.  
www.acceleratedcaresolutions.com

**Associated Clinic of Psychology** ..... (612) 925-6033  
4027 Cty. Rd. 25, Minneapolis, MN 55416  
The Leader in Mental Health Care Since 1980  
www.acp-mn.com

**Lakeland Recovery** ..... (612) 916-2464  
We Bring Substance Use Disorder (SUD) Services to Your Facility  
www.lakelandrec.com

**Mendota Health**..... (651) 505-6807  
Mobile Wound Care Clinic. Nurse Practitioners Utilizing the  
Latest Technology in Advanced Wound Care.  
www.mendotahealth.com

**Pathway Health**..... (651) 407-8699  
Insight | Expertise | Knowledge | Consulting  
Interim | Resources | Education  
www.pathwayhealth.com

**Voigt, Rodè, Boxeth, & Coffin, LLC**..... (651) 209-6161  
1000 University Ave. W., #250, St. Paul, MN 55104  
Experienced, Expert Advice  
www.vrb-law.com

## Consulting – Financial / Business / Legal

**Alzheimer’s Educator & Family Coach**  
**Valerie J. Richards, MBA**..... (651) 210-7866  
Facilitating Quality of Life with Chronic Conditions  
www.familieswithdementia.com

**illumifin**.....(877) 431-5824  
Insurance Industry Partner; Delivers Business Processing Services &  
Software Solutions; Transforming Insurers' Digital Future.  
www.illumifin.com

**MN Benefits, LLC**.....(763) 360-4879  
Free, Objective Medicare Guidance; Based in St. Paul - Serving  
Entire Metro Area; grant@mn-benefits.com  
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**Sunbelt Business Advisors**  
**Tim Schinke**..... (612) 454-6224  
Selling Your Senior Care Business? Free Valuation, Exit Strategy  
www.sunbeltmidwest.com



Sunbelt Business Advisors  
sells more Home Healthcare  
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confidential, no-cost business valuation. Call Tim Schinke today.



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tschinke@sunbeltmidwest.com  
www.sunbeltmidwest.com

**Viventium Health**  
**Megan Pechacek** .....(715) 410-5021  
HR & Payroll Built for Health Services!  
www.viventium.com

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1000 University Ave. W., #250, St. Paul, MN 55104  
Experienced, Expert Advice  
www.vrb-law.com

## Consulting – Grief Support

**Achieve Health & Wellness Coaching, LLC**  
**Larey L. Swanson, MD, NBC-HWC** ..... (612) 998-5628  
Integrative Health & Wellness Coach, Loss & Grief Specialist  
www.achievehealthandwellnesscoaching.com

## Consulting – Home Access

**Amramp** ..... (651) 399-3075  
Accessibility Ramps - Rent, Purchase, Rent to Purchase. Fast Evaluation to Installation!  
www.amramp.com

**Corner Home Medical**..... (763) 535-5335  
Your Durable Medical & Respiratory Equipment Experts!  
22 Convenient Retail Locations.  
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**Firm Ground architects & designers**  
*Thomas P. Wasmoen, AIA*..... (612) 819-1835  
Well Built Projects Begin & Endure on Firm Ground  
www.firmgroundae.com

**Lifeway Mobility**.....(952) 260-7604  
Stair Lifts, Wheelchair Ramps & Lifts, Home Elevators,  
Transfer Aids & Bath Safety Solutions  
www.lifewaymobility.com/minneapolis/

**Surface Specialists Metro MN, LLC**..... (763) 753-2807  
Affordable Bathroom Safety; Convert Existing Bath tub into Walk-in Shower  
www.surfacespecialistmetro.com

## Consulting – Marketing

**Ebenezer Management Services**..... (612) 874-3460  
7505 Metro Blvd., #100, Edina, MN 55439  
Our Experience Leads to Your Success  
www.ebenezermanagementservices.org

**EDI, LLC**  
*Scott Black* ..... (651) 325-8804  
Senior Living Research, Development & Marketing  
www.team-edi.com

**Maxfield Research & Consulting, LLC**..... (612) 338-0012  
Comprehensive Real Estate Market Information & Market Feasibility Studies  
www.maxfieldresearch.com

## Consulting – Social Work

**Voigt, Rodè, Boxeth, & Coffin, LLC**..... (651) 209-6161  
1000 University Ave. W., #250, St. Paul, MN 55104  
Experienced, Expert Advice  
www.vrb-law.com

## Education / Training

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.....*24/7 Helpline* (800) 272-3900  
Offices in MN & ND, 24/7 Helpline, No-cost Support Services for Those Impacted by Dementia & Alzheimer's  
www.alz.org/mnnd

**Alzheimer's Educator & Family Coach**  
*Valerie J. Richards, MBA*..... (651) 210-7866  
Facilitating Quality of Life with Chronic Conditions  
www.familieswithdementia.com

**DARTS**..... (651) 455-1560  
1645 Marthaler Ln., West St. Paul, MN 55118  
Aging & Caregiving Resources  
www.dartsconnects.org

**Faith Community Nurse Network** ..... (651) 204-0904  
1614 Mahtomedi Ave., #100, Mahtomedi, MN 55115  
Bridging Faith & Health  
www.fcnnct.org

**FamilyMeans**..... (651) 439-4840  
Serving Caregivers & Older Adults for 35+ Years  
www.familymeans.org

**FoodSafetyGuy, LAJ Consulting LLC** ..... (651) 204-9664  
CFPM Instructors, ServSafe Certified Food Protection Mgr. Course. HD Compliance, Food Allergen Kitchen Management Training.  
www.foodsafetyguy.com

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*Melissa Spiess, M.M., MT-BC, NMT Fellow* .... (651) 363-3936  
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www.livingspirittherapy.com

**Minnesota Brain Injury Alliance**  
..... (612) 378-2742 / (800) 669-6442  
Providing Help, Hope & a Voice  
www.braininjurymn.org

**Minnesota Stroke Association**..... (763) 553-0088  
Providing Supports & Resources for Those Affected by Stroke & Their Families  
www.strokemn.org

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www.mn-benefits.com

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Insight | Expertise | Knowledge | Consulting  
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Get Strong, Stay Strong, Regardless of Age / Diagnosis. Ongoing PT / Fall Prevention / Transfer Training.  
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**Viventium Health**  
*Megan Pechacek* ..... (715) 410-5021  
HR & Payroll Built for Health Services!  
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## Entertainment

**Crooner's Supper Club**.....(763) 571-9020  
6161 Hwy. 65 NE, Fridley, MN 55432  
Classic Entertainment, Food & Atmosphere  
www.croonersmn.com

**Rich & The Resistors**..... (612) 598-7854  
Interactive Music & Fun for All Ages! 2+ Musicians. Email: richardalanprod@gmail.com  
www.musicandgoodtimes.com

**Todd Anderson Entertainment**..... (612) 462-4697  
Singer / Entertainer: Elvis Presley, Neil Diamond, Crooner Christmas, Frank Sinatra, Singing Cowboy, Jimmy Buffett & Patriotic  
www.toddandersonentertainment.com

## Exercise / Fitness

**MacPhail Center for Music** ..... (612) 767-5345  
**MacPhail Music for Life™**  
Music Programs & Classes for Adults 55+  
www.macphail.org

**Tandem Strength & Balance / SAU**..... (952) 746-3222  
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www.tandemsb.com

## Facility Maintenance

**Five Star Painting of Woodbury**  
**Carl Alleman**..... (651) 571-6337  
Customer Focused, Quality Driven  
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## Food Manager Certification

**FoodSafetyGuy, LAJ Consulting LLC** ..... (651) 204-9664  
CFPM Instructors, ServSafe Certified Food Protection Mgr. Course.  
HD Compliance, Food Allergen Kitchen Management Training.  
www.foodsafetyguy.com

## Funeral Resources

**Lakewood Cemetery**.....(612) 822-2171  
3600 Hennepin Ave., Minneapolis, MN 55408  
Cemetery / Cremation / Commemoration  
www.lakewoodcemetery.org

## Hearing Resources

**Hearing of America, Jerry Zhou, PhD** ..... (651) 528-7868  
1075 Hadley Ave. N., #107, Oakdale, MN 55128  
MN's Best Hearing Center Gold Winner, Three Years in a Row!  
www.hearingofamerica.com

**In-House Senior Services**..... (612) 243-8999  
Specialty Care for Senior Living Residents. Caring for Those  
Who Cared for Us.  
www.inhss.com

## Insurance – General

**Robyn Arneson Agency / American Family Insurance**  
.....(763) 712-1017  
Insure Carefully, Dream Fearlessly / rarneson@amfam.com  
www.robynarnesonagency.com

## Market Research & Analysis

**EDI, LLC**  
**Scott Black** ..... (651) 325-8804  
Senior Living Research, Development & Marketing  
www.team-edi.com

**Maxfield Research & Consulting, LLC**..... (612) 338-0012  
Comprehensive Real Estate Market Information & Market  
Feasibility Studies  
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Your Durable Medical & Respiratory Equipment Experts!  
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1075 Hadley Ave. N., #107, Oakdale, MN 55128  
MN's Best Hearing Center Gold Winner, Three Years in a Row!  
www.hearingofamerica.com

**Liberty Oxygen and Medical Equipment**... (952) 920-0460  
4820 Park Glen Rd., Minneapolis, MN 55416  
www.libertyoxygen.com

## Music Therapy

**Keynote Music Therapy** ..... (612) 200-3284  
Harmony for Health: Elevating Lives Through the Power of  
Music for Older Adults  
www.keynotemn.com

**Living Spirit Therapy Services, LLC**  
**Melissa Spiess, M.M., MT-BC, NMT Fellow** .... (651) 363-3936  
Board Certified Music Therapists & Neurologic Music Therapy®  
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## Neurology Resources

**Dr. Joseph E. Gaugler, Professor** ..... (612) 626-2485  
Robert L. Kane Endowed Chair, Long-Term Care & Aging.  
Topics: Dementia, Caregiving, Families & LTC.  
https://directory.sph.umn.edu/bio/sph-a-z/joseph-gaugler

**Minnesota Brain Injury Alliance**  
..... (612) 378-2742 / (800) 669-6442  
Providing Help, Hope & a Voice  
www.braininjurymn.org

**Minnesota Stroke Association**..... (763) 553-0088  
Providing Supports & Resources for Those Affected by Stroke &  
Their Families  
www.strokemn.org

**Myriad Genetics – GeneSight**  
**John Lauermann**.....(320) 761-2056  
Gain Insight on how Genetics May Impact Medications  
www.genesight.com

## Nursing Home Relocation

**Best Life Relocation Services** ..... (763) 913-8188  
Experience Compassion. Our Team Guides Your Relocation  
Journey. Discover Your New Home, Embrace Possibilities.  
www.bestliferelocationservices.com

**Redeemer Services, Inc.** ..... (651) 219-4503  
Our Mission - Providing Person Centered Supports Enhancing  
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www.redeemerservices.com

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### Alzheimer's Educator & Family Coach

**Valerie J. Richards, MBA**..... (651) 210-7866  
Facilitating Quality of Life with Chronic Conditions  
www.familieswithdementia.com

## Pharmacies

### Care One Pharmacy

**Kendra Bisping**..... (312) 783-8338  
Big Enough to Serve You, Small Enough to Know You  
www.careonerx.com

### Genoa Healthcare

**Kylie Battee, Account Manager**..... (612) 760-4933  
People First Pharmacy Care. It's About More Than Just Medication.  
www.genoahealthcare.com

### Guardian Pharmacy Minneapolis

..... (651) 230-7108  
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A Better Kind of Local Pharmacy  
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### Lotus Pharmacy

..... (763) 251-6920  
A New Level of Full Service Pharmacy Excellence-Servicing  
Caregivers & Those They Serve.  
www.lotuspharmacy.com

### Myriad Genetics – GeneSight

**John Lauermann**.....(320) 761-2056  
Gain Insight on how Genetics May Impact Medications  
www.genesight.com

### Sterling Long Term Care Pharmacy

..... (877) 224-0084  
Experience SmartLTC. Email us: askltc@sterlingltx.com  
www.sterlingltx.com

### Thrifty White Pharmacy Services

..... (800) 816-2887  
Pharmacy Chain Owned by Employees. We Aim to Exceed  
Clients' Expectations Based on Our Service & Products.  
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www.inhss.com

## Psychological / Behavioral Services

### Associated Clinic of Psychology

..... (612) 925-6033  
4027 Cty. Rd. 25, Minneapolis, MN 55416  
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### Bluestone Physician Services

..... (651) 342-1039  
Specializing in On-Site Primary Care. Expert Care; More Convenience.  
www.bluestonemd.com

### Eldercare Consultants, PSC

**Mike Justin, LICSW, MALP, Owner**..... (612) 805-5672  
5209 Kings Cir. N., Minneapolis, MN 55443  
www.eldercc.us

### Lakeland Recovery

..... (612) 916-2464  
We Bring Substance Use Disorder (SUD) Services to Your Facility  
www.lakelandrec.com

## Publications

### The Directory

..... (952) 945-4022  
The Minnesota Original, for more than 30 Years; Backed by the  
Strength of Care Options Network.  
www.seniorhousinginc.org

(See Ad on Next Page)

## Research Studies

### Dr. Joseph E. Gaugler, Professor

..... (612) 626-2485  
Robert L. Kane Endowed Chair, Long-Term Care & Aging. Topics:  
Dementia, Caregiving, Families & LTC.  
https://directory.sph.umn.edu/bio/sph-a-z/joseph-gaugler

### HealthPartners Center for Memory & Aging

..... (651) 495-6350  
Helping Families & Patients Live Well with Memory Loss  
www.alzheimersinfo.org

## Respiratory Services

### Corner Home Medical

..... (763) 535-5335  
Your Durable Medical & Respiratory Equipment Experts!  
22 Convenient Retail Locations.  
www.cornerhm.com

### Handi Medical

..... (651) 644-9770  
2505 University Ave. W., St. Paul, MN 55114  
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www.handimedical.com

### Liberty Oxygen and Medical Equipment

..... (952) 920-0460  
4820 Park Glen Rd., Minneapolis, MN 55416  
www.libertyoxygen.com

# The Directory

Empowering older adults  
with trusted options



**The Directory** is published by Care Options Network and offered free to older adults via Senior LinkAge Line, local libraries, and more. See it online at **SeniorHousingInc.org** For over 30 years **The Directory** is the respected resource that older adults request.

*Reserve your ad today!*

**Call The Directory editor  
at (952) 945-4022**

## Risk Management

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Interim | Resources | Education  
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## Senior Housing Developers

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*Dan Carlson, President ..... (612) 414-1195*  
Assisted Living Facilities: Design & Build, Remodel & Additions  
www.dtcarlson.com

**Ebenezer Management Services..... (612) 874-3460**  
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Our Experience Leads to Your Success  
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**EDI, LLC**  
*Scott Black ..... (651) 325-8804*  
Senior Living Research, Development & Marketing  
www.team-edi.com

**Firm Ground architects & designers**  
*Thomas P. Wasmoen, AIA..... (612) 819-1835*  
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Software for Assisted Living, Residential Care Homes & Adult Day Services  
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**Viventium Health**  
*Megan Pechacek ..... (715) 410-5021*  
HR & Payroll Built for Health Services!  
www.viventium.com

## Speakers' Bureau

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.....24/7 Helpline (800) 272-3900  
Offices in MN & ND, 24/7 Helpline, No-cost Support Services for Those Impacted by Dementia & Alzheimer's  
www.alz.org/mnnd

### Alzheimer's Educator & Family Coach

**Valerie J. Richards, MBA**..... (651) 210-7866  
Facilitating Quality of Life with Chronic Conditions  
www.familieswithdementia.com

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