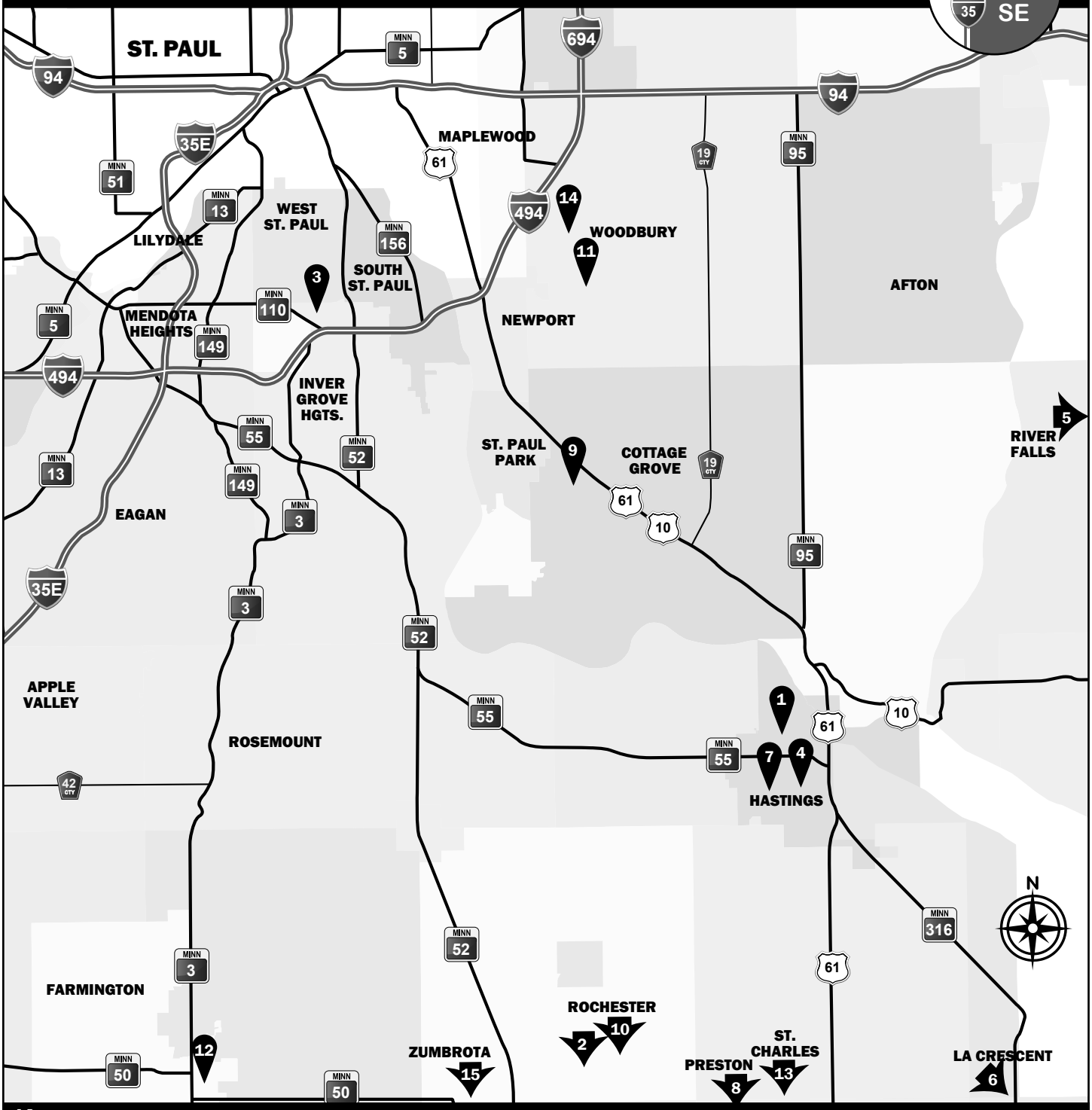
Skilled Nursing Facilities – SOUTHEAST METRO



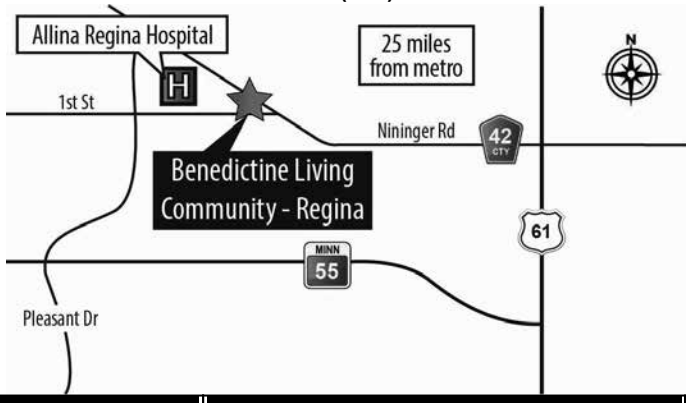
Key

1. Benedictine Living Community – Regina
2. Edenbrook Rochester West
3. Good Samaritan Society – Inver Grove Heights
4. Hastings Senior Health & Living
5. Kinnic Health & Rehab
6. La Crescent Health Services
7. Minnesota Veterans Home – Hastings Domiciliary Program
8. Minnesota Veterans Home – Preston
9. Norris Square – Gables Care Center
10. Rochester Rehabilitation & Living Center
11. Saint Therese of Woodbury
12. Trinity Care Center
13. Whitewater Health Services
14. Woodbury Health Care Center
15. Zumbrota Health Services

For Minnesota Department of Health case mix information, go to www.health.state.mn.us/facilities/regulation/casemix/index.html

Benedictine Living Community – Regina

1175 Nininger Rd., Hastings, MN 55033
Fax: (651) 259-8678 | Main: (651) 404-7901
Admissions: (651) 404-7947



www.benedictineliving.org/hastings-mn
Ownership: Benedictine

Facility

Total beds 57
57 Medicare 57 Medicaid
0 Board and Care

Rooms
■Private* ■Double ■Triple
*Add'l $35/day (TCU)

Medical director
Dr. Neal Buddensiek
(612) 262-7800

Emergency admissions
■Nights ■Weekends ■From ER

Respite care
■5 days (min.)

Short term rehab
■Unlimited stay

Case managers
☐Social workers: ____ F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff:
Interpretive services available

Continuum of care

- Assisted living: 128 units
- Private and double rooms

Specialties

- VOHRA certified wound care team
- Certified lymphedema therapist
- End-of-life care
- Transitional care unit - 20 beds
- Attached to Allina Regina Hospital and Specialty Clinic
- Social services

Payment accepted

■Medicare ■Medicaid
■BluePlus SecureBlue
■HealthPartners ■**Contract**
■Medica ■**Contract**
■UCare
☐VA ☐**Contract**
Private pay: Call for rate
Health care systems
■Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
■Medica

Amenities & services

Air conditioning
■Central ☐Window
Media ■Cable ☐Dish ■Wi-Fi
Phone ■In room ☐Shared
Public transportation ■Bus ☐Rail
Religious affiliation Catholic
☐None ■Chaplaincy ■Chapel
Smoking policy ■No smoking
☐Designated areas
Support groups ☐AA ■Alzheimer's
☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: In-house staff
■Weekdays ■Saturday ■Sunday
■B.I.D ■PT ■OT ■ST
☐Music therapy ■Pet therapy
☐Respiratory therapy
■Outpatient therapies
■PT ■OT ■ST
☐Activity / T.R. dept.: _____ F.T.E.

Health care services

Advanced care
■Bariatric care: Case by case basis
Brain injury ■CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
■Hickman catheter
■Hospice ■Medicare certified
IV ■Antibiotic ☐PCA pump
☐Heparin lock ☐Push meds
■Hydration ☐TPN
Infection ■MRSA ■VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ☐Program ■Unit
Tube feeding ■Gastric ☐NG
☐Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ■Vac
Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
☐Mental illness ☐Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor
Disease
■AIDS (end stage)
Alzheimer's / Dementia
☐Specialized programs
■Wander alarm system
Secured units ☐Indoor ☐Outdoor
☐Huntington's
■MS (specific program) ☐MS unit
■Parkinson's (end stage)

Edenbrook Rochester West

2215 Hwy. 52 N., Rochester, MN 55901
Fax: (507) 288-5502 | Main: (507) 288-1818
Admissions: (507) 288-1818

www.edenbrookrochesterwest.com
Ownership: Eden Senior Care

Facility

Total beds 48
48 Medicare 48 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $0/day (TCU)

Medical director
Dr. Gregory Hanson
Mayo Clinic

Emergency admissions
■Nights ■Weekends ■From ER

Respite care
■Unlimited stay

Short term rehab
■Unlimited stay

Case managers
■Social workers: 1 F.T.E.

Language
Deaf interpreting staff: ■ASL
Foreign language speaking staff: n/a

Specialties

- Mayo and Olmstead health care systems

Payment accepted

■Medicare ■Medicaid
☐BluePlus SecureBlue
■HealthPartners ■**Contract**
■Medica ■**Contract**
■UCare
☐VA ☐**Contract**
Private pay
Health care systems
☐Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
☐Medica

Amenities & services

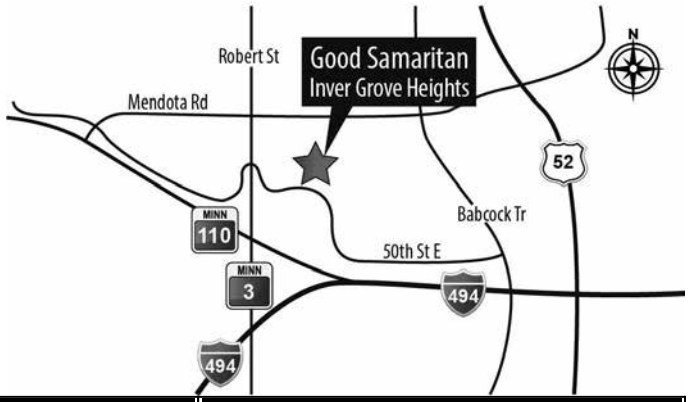
Air conditioning
■Central ☐Window
Media ☐Cable ■Dish ☐Wi-Fi
Phone ☐In room ■Shared
Public transportation ☐Bus ☐Rail
Religious affiliation
■None ☐Chaplaincy ☐Chapel
Smoking policy ■No smoking
☐Designated areas
Support groups ☐AA ☐Alzheimer's
☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: In-house
■Weekdays ■Saturday ■Sunday
☐B.I.D ■PT ■OT ■ST
■Music therapy ■Pet therapy
☐Respiratory therapy
■Outpatient therapies
■PT ■OT ☐ST
■Activity / T.R. dept.: 1 F.T.E.

Health care services

Advanced care
■Bariatric care: 300 lbs. max.
Brain injury ☐CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
☐Hickman catheter
■Hospice ☐Medicare certified
IV ■Antibiotic ☐PCA pump
☐Heparin lock ☐Push meds
☐Hydration ☐TPN
Infection ■MRSA ■VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ☐Program ☐Unit
Tube feeding ☐Gastric ☐NG
☐Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ■Vac
Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
☐Mental illness ☐Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor
Disease
☐AIDS (end stage)
Alzheimer's / Dementia
☐Specialized programs
■Wander alarm system
Secured units ☐Indoor ☐Outdoor
☐Huntington's
☐MS (specific program) ☐MS unit
■Parkinson's (end stage)

Good Samaritan Society – Inver Grove Heights

1301–50th St. E., Inver Grove Heights, MN 55077
Fax: (651) 451-7515 | Main: (651) 451-1853
Admissions Fax: (651) 457-6508
Admissions: (651) 289-0684



www.good-sam.com
Ownership: The Evangelical Lutheran Good Samaritan Society

Facility

Total beds 46
46 Medicare 46 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $0/day (TCU)

Medical director
Dr. V. Mittal
Envisage Health, Inc. (507) 363-9367

Emergency admissions
■Nights ■Weekends ■From ER

Respite care
■Unlimited stay

Short term rehab
■Unlimited stay

Case managers
■Social workers: 1 F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff: German

Continuum of care

- Short-term rooms / TCU and LTC

Specialties

- Intimate home-like setting
- Secure, safe building
- Extensive activity and volunteer program
- Spacious therapy department
- Short-term single rooms with phone and TV
- Comprehensive rehabilitation therapies
- Advanced Health Institute and Twin Cities Physicians medical teams
- Humana, Aetna and BlueCross BlueShield payment accepted

Payment accepted

■Medicare ■Medicaid
■BluePlus SecureBlue
■HealthPartners ■**Contract**
■Medica ■**Contract**
■UCare
■VA ■**Contract**
Private pay: Call for rate
Health care systems
☐Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
■Medica

Amenities & services

Air conditioning
■Central ■Window
Media ■Cable ☐Dish ■Wi-Fi
Phone ■In room ☐Shared
Public transportation ■Bus ☐Rail
Religious affiliation ELCA and all denominations
☐None ■Chaplaincy ☐Chapel
Smoking policy ■No smoking ☐Designated areas
Support groups ☐AA ☐Alzheimer's ☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: In-house staff
■Weekdays ■Saturday ☐Sunday
■B.I.D ■PT ■OT ■ST
☐Music therapy ☐Pet therapy
☐Respiratory therapy
■Outpatient therapies
■PT ■OT ■ST
■Activity / T.R. dept.: 1 F.T.E.

Health care services

Advanced care
■Bariatric care: 350 lbs. max.
Brain injury ■CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
☐Hickman catheter
■Hospice ■Medicare certified
IV ■Antibiotic ☐PCA pump
☐Heparin lock ☐Push meds
■Hydration ☐TPN
Infection ■MRSA ■VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ■Program ■Unit
Tube feeding ■Gastric ■NG
☐Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ☐Vac

Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
☐Mental illness ☐Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor

Disease
☐AIDS (end stage)
Alzheimer's / Dementia
☐Specialized programs
☐Wander alarm system
Secured units ☐Indoor ☐Outdoor
☐Huntington's
☐MS (specific program) ☐MS unit
■Parkinson's (end stage)

Hastings Senior Health & Living

930 W. 16th St., Hastings, MN 55033
Fax: (651) 438-3418 | Main: (651) 437-6176
Admissions: (651) 480-5926

www.hastingsseniorliving.org
Ownership: Cassia

Facility

Total beds 72
72 Medicare 72 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $45/day (LTC)

Medical director
Dr. Sarah Markert
Allina Clinic (651) 480-1800

Emergency admissions
■Nights ■Weekends ■From ER

Respite care
■Unlimited stay

Short term rehab
■Unlimited stay

Case managers
■Social workers: 2 F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff: n/a

Continuum of care

- Senior housing: 80 apartments
- Complex medical care

Specialties

- TCU with flat screen TV, cable and phone
- Nestled in a quiet neighborhood overlooking pond / walking trail
- Spacious therapy gym
- Admissions 24 / 7
- Open dining
- All private TCU rooms – no additional fees

Payment accepted

■Medicare ■Medicaid
■BluePlus SecureBlue
■HealthPartners ☐**Contract**
■Medica ■**Contract**
■UCare
☐VA ☐**Contract**
Private pay: Call for rate
Health care systems
■Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
☐Medica

Amenities & services

Air conditioning
☐Central ■Window
Media ■Cable ☐Dish ■Wi-Fi
Phone ■In room ☐Shared
Public transportation ■Bus ☐Rail
Religious affiliation Lutheran
☐None ■Chaplaincy ■Chapel
Smoking policy ■No smoking
☐Designated areas
Support groups ☐AA ☐Alzheimer's
☐Cancer ☐Parkinson's ☐Stroke
Therapy provider
■Weekdays ■Saturday ■Sunday
■B.I.D ■PT ■OT ■ST
☐Music therapy ■Pet therapy
☐Respiratory therapy
■Outpatient therapies
■PT ■OT ■ST
■Activity / T.R. dept.: 3 F.T.E.

Health care services

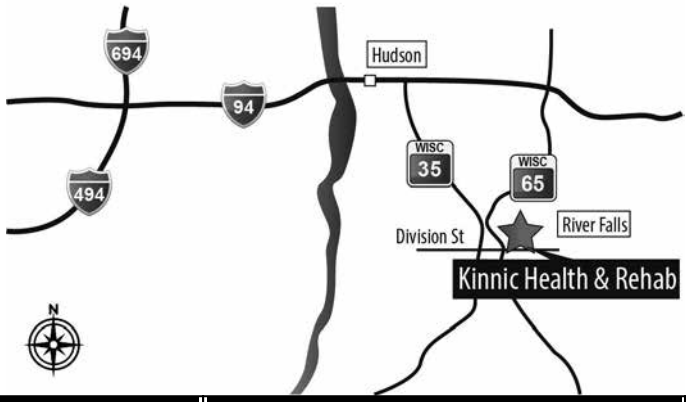
Advanced care
■Bariatric care: 350 lbs. max.
Brain injury ■CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
■Hickman catheter
■Hospice ■Medicare certified
IV ■Antibiotic ☐PCA pump
■Heparin lock ☐Push meds
■Hydration ☐TPN
Infection ■MRSA ■VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ■Program ■Unit
Tube feeding ■Gastric ☐NG
■Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ■Vac

Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
☐Mental illness ☐Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor

Disease
■AIDS (end stage)
Alzheimer's / Dementia
☐Specialized programs
■Wander alarm system
Secured units ☐Indoor ☐Outdoor
■Huntington's
☐MS (specific program) ☐MS unit
■Parkinson's (end stage)

Kinnic Health & Rehab

1663 E. Division St., River Falls, WI 54022
Fax: (715) 426-6007 | Main: (715) 426-6000
Admissions: (715) 426-6000



www.kinnichealthandrehab.com
Ownership: Portopicollo Group

Facility

Total beds 68
68 Medicare 68 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $0/day (TCU)

Medical director
Dr. Thomas Field
Western WI Health (715) 688-1111

Emergency admissions
■Nights ■Weekends ■From ER

Respite care
■Unlimited stay

Short term rehab
■Unlimited stay

Case managers
■Social workers: 1 F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff: n/a

Continuum of care

- Adjacent to the River Falls area hospital and medical clinics

Specialties

- 12 private suites with cable TV
- Cheerful, home-like environment
- Beauty and barber shop

Payment accepted

■Medicare ■Medicaid
☐BluePlus SecureBlue
■HealthPartners ■**Contract**
■Medica ■**Contract**
■UCare
☐VA ☐**Contract**
Private pay: Call for rate
Health care systems
☐Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
■Medica

Amenities & services

Air conditioning
■Central ☐Window
Media ■Cable ■Dish ■Wi-Fi
Phone ■In room ☐Shared
Public transportation ☐Bus ☐Rail
Religious affiliation
■None ☐Chaplaincy ■Chapel
Smoking policy ■No smoking
☐Designated areas
Support groups ☐AA ☐Alzheimer's
☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: Rehab Care
■Weekdays ■Saturday ■Sunday
■B.I.D ■PT ■OT ■ST
■Music therapy ■Pet therapy
■Respiratory therapy
☐Outpatient therapies
☐PT ☐OT ☐ST
■Activity / T.R. dept.: 2 F.T.E.

Health care services

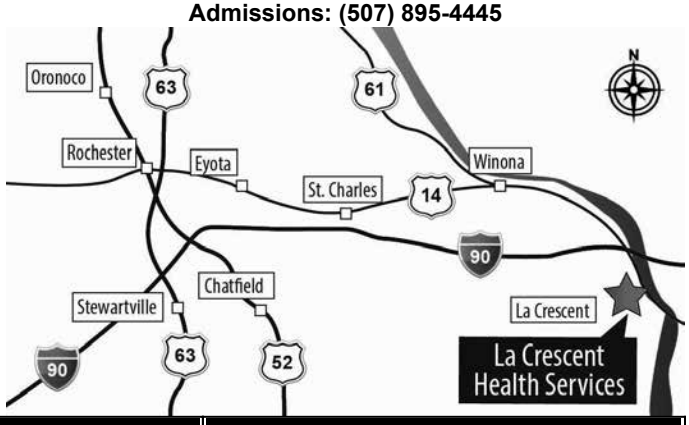
Advanced care
■Bariatric care: Case by case basis
Brain injury ■CVA ■Young adult
☐Coma management program
☐Dialysis (peritoneal)
☐Hickman catheter
■Hospice ■Medicare certified
IV ■Antibiotic ■PCA pump
☐Heparin lock ☐Push meds
■Hydration ☐TPN
Infection ■MRSA ■VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ■Program ■Unit
Tube feeding ■Gastric ■NG
■Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ■Vac

Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
☐Mental illness ☐Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor

Disease
☐AIDS (end stage)
Alzheimer's / Dementia
☐Specialized programs
☐Wander alarm system
Secured units ☐Indoor ☐Outdoor
☐Huntington's
☐MS (specific program) ☐MS unit
■Parkinson's (end stage)

La Crescent Health Services

101 S. Hill St., La Crescent, MN 55947
Fax: (507) 895-7195 | Main: (507) 895-4445
Admissions: (507) 895-4445



www.lacrescenths.com
Ownership: North Shore Health Services

Facility

Total beds 42
42 Medicare 42 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $0/day (TCU)

Medical director
Dr. Peter Franta
Mayo – La Crosse (507) 895-6600

Emergency admissions
☐Nights ■Weekends ■From ER

Respite care
■7 days (min.)

Short term rehab
■Unlimited stay

Case managers
■Social workers: 1 F.T.E.

Language
Deaf interpreting staff: ■ASL
Foreign language speaking staff: n/a

Specialties

- Gundersen health care system
- Mayo Clinic health care system
- Humana payment accepted
- Quartz Medicare payment accepted

Payment accepted

■Medicare ■Medicaid
■BluePlus SecureBlue
■HealthPartners ■**Contract**
■Medica ■**Contract**
■UCare
☐VA ☐**Contract**
Private pay: $7,000-8,000
Health care systems
☐Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
☐Medica

Amenities & services

Air conditioning
■Central ☐Window
Media ■Cable ☐Dish ■Wi-Fi
Phone ☐In room ■Shared
Public transportation ■Bus ☐Rail
Religious affiliation
■None ☐Chaplaincy ☐Chapel
Smoking policy ☐No smoking
■Designated areas
Support groups ☐AA ☐Alzheimer's
☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: Remedy Therapy Services
■Weekdays ☐Saturday ☐Sunday
■B.I.D ■PT ■OT ■ST
☐Music therapy ☐Pet therapy
☐Respiratory therapy
■Outpatient therapies
■PT ■OT ■ST
■Activity / T.R. dept.: 1 F.T.E.

Health care services

Advanced care
■Bariatric care: 300 lbs. max.
Brain injury ■CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
☐Hickman catheter
■Hospice ■Medicare certified
IV ■Antibiotic ☐PCA pump
☐Heparin lock ☐Push meds
☐Hydration ☐TPN
Infection ■MRSA ☐VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ☐Program ☐Unit
Tube feeding ■Gastric ☐NG
☐Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ☐Vac

Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
☐Mental illness ☐Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor

Disease
☐AIDS (end stage)
Alzheimer's / Dementia
☐Specialized programs
■Wander alarm system
Secured units ☐Indoor ☐Outdoor
☐Huntington's
☐MS (specific program) ☐MS unit
☐Parkinson's (end stage)

Minnesota Veterans Home – Hastings Domiciliary Program

1200 E. 18th St., Hastings, MN 55033
Fax: (651) 797-1807 | Main: (651) 539-2400
Admissions (651) 539-2500

www.mn.gov/mdva/homes/
Ownership: State of Minnesota

Facility

Total beds 144
0 Medicare 0 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $0/day (TCU)

Medical director
Dr. Ercan-Fang

Emergency admissions
☐Nights ☐Weekends ☐From ER

Respite care
☐Unlimited stay ____days (min.)

Short term rehab
☐Unlimited stay ____days (max.)

Case managers
■Social workers: 5 F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff: n/a

Continuum of care

- 144 Boarding Care licensed beds on campus

Specialties

- Medication management
- Sobriety support
- Vocational rehabilitation
- Sheltered work opportunities
- 24-hour nursing on-site
- Mental health
- Psychologist on staff
- LADC on staff
- Veteran benefits specialist
- ILS workers
- Woodshop
- Medical provider on staff
- Fitness trainer / coach
- Smart Recovery
- 144 Boarding Care licensed beds on campus

Payment accepted

☐Medicare ☐Medicaid
☐BluePlus SecureBlue
☐HealthPartners ☐**Contract**
☐Medica ☐**Contract**
☐UCare
■VA ☐**Contract**
Private pay
Health care systems
☐Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
☐Medica

Amenities & services

Air conditioning
■Central ☐Window
Media ■Cable ☐Dish ■Wi-Fi
Phone ☐In room ■Shared
Public transportation ■Bus ■Rail
Religious affiliation
■None ■Chaplaincy ■Chapel
Smoking policy ☐No smoking
■Designated areas
Support groups ■AA ☐Alzheimer's
☐Cancer ☐Parkinson's ☐Stroke
Therapy provider
☐Weekdays ☐Saturday ☐Sunday
☐B.I.D ☐PT ☐OT ☐ST
☐Music therapy ■Pet therapy
☐Respiratory therapy
☐Outpatient therapies
☐PT ☐OT ☐ST
■Activity / T.R. dept.: 7 F.T.E.

Health care services

Advanced care
☐Bariatric care: _____ lbs. max.
Brain injury ☐CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
☐Hickman catheter
■Hospice ☐Medicare certified
IV ☐Antibiotic ☐PCA pump
☐Heparin lock ☐Push meds
☐Hydration ☐TPN
Infection ☐MRSA ☐VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ☐Program ☐Unit
Tube feeding ☐Gastric ☐NG
☐Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ☐Vac

Behavioral health programs
■Alcoholism ■Chronic
■CD support program
■Mental illness ■Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor

Disease
☐AIDS (end stage)
Alzheimer's / Dementia
☐Specialized programs
☐Wander alarm system
Secured units ☐Indoor ☐Outdoor
☐Huntington's
☐MS (specific program) ☐MS unit
☐Parkinson's (end stage)

Minnesota Veterans Home – Preston

1864-1st Minnesota, Preston, MN 55965
Fax: (507) 765-5270 | Main: (507) 808-8910
Admissions (507) 808-8928

www.mn.gov/mdva/homes/
Ownership: State of Minnesota

Facility

Total beds 54
0 Medicare 0 Medicaid
0 Board and Care

Rooms
■Private* ☐Double ☐Triple
*Add'l $0/day (TCU)

Medical director
Dr. Ercan-Fang

Emergency admissions
☐Nights ☐Weekends ☐From ER

Respite care
☐Unlimited stay ____days (min.)

Short term rehab
☐Unlimited stay ____days (max.)

Case managers
■Social workers: 1 F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff: n/a

Payment accepted

■Medicare ■Medicaid
☐BluePlus SecureBlue
■HealthPartners ■**Contract**
■Medica ■**Contract**
☐UCare
■VA ■**Contract**
Private pay: Call for rate
Health care systems
☐Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
☐Medica

Amenities & services

Air conditioning
■Central ☐Window
Media ■Cable ■Dish ■Wi-Fi
Phone ☐In room ☐Shared
Public transportation ☐Bus ☐Rail
Religious affiliation
■None ■Chaplaincy ■Chapel
Smoking policy ■No smoking
☐Designated areas
Support groups ☐AA ☐Alzheimer's
☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: In-house
■Weekdays ☐Saturday ☐Sunday
☐B.I.D ☐PT ☐OT ☐ST
☐Music therapy ☐Pet therapy
☐Respiratory therapy
☐Outpatient therapies
☐PT ☐OT ☐ST
■Activity / T.R. dept.: 2-3 F.T.E.

Health care services

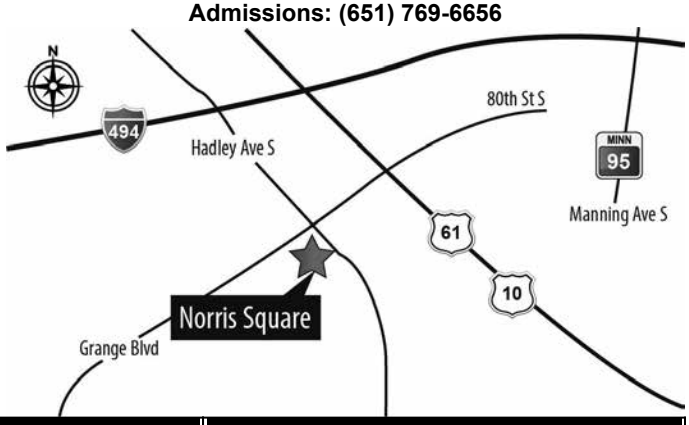
Advanced care
■Bariatric care: Case by case
Brain injury ■CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
☐Hickman catheter
■Hospice ■Medicare certified
IV ☐Antibiotic ☐PCA pump
☐Heparin lock ☐Push meds
☐Hydration ☐TPN
Infection ☐MRSA ☐VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ☐Program ☐Unit
Tube feeding ■Gastric ■NG
☐Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ☐Vac

Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
☐Mental illness ☐Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ■Indoor ■Outdoor

Disease
☐AIDS (end stage)
Alzheimer's / Dementia
☐Specialized programs
■Wander alarm system
Secured units ■Indoor ■Outdoor
☐Huntington's
☐MS (specific program) ☐MS unit
■Parkinson's (end stage)

Norris Square – Gables Care Center

6993–80th St. S., Cottage Grove, MN 55016
Fax: (651) 769-6651 | Main: (651) 769-6650
Admissions: (651) 769-6656



www.phsnorrissquare.org
Ownership: Presbyterian Homes & Services

Facility

Total beds 78
78 Medicare 78 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $35/day (TCU & LTC)

Medical director
Dr. John Mielke
Optage (651) 746-8200

Emergency admissions
■Nights ■Weekends ■From ER

Respite care
■Unlimited stay

Short term rehab
■100 days (max.)

Case managers
■Social workers: 2 F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff: n/a

Continuum of care

- Assisted living
- Enhanced assisted living
- Senior apartments
- Memory care

Specialties

- Private rooms
- Part of full continuum of care
- TVs provided
- Fenced-in patio / garden
- Town center
- New building and equipment
- Call for participating health care systems
- Salon services

Payment accepted

■Medicare ■Medicaid
■BluePlus SecureBlue
■HealthPartners ☐**Contract**
■Medica ■**Contract**
■UCare
☐VA ☐**Contract**
Private pay: Call for rate
Health care systems
☐Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
■Medica

Amenities & services

Air conditioning
■Central ☐Window
Media ■Cable ☐Dish ☐Wi-Fi
Phone ☐In room ☐Shared
Public transportation ■Bus ☐Rail
Religious affiliation All denominations
☐None ■Chaplaincy ■Chapel
Smoking policy ■No smoking
☐Designated areas
Support groups ☐AA ☐Alzheimer's
☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: In-house staff
■Weekdays ☐Saturday ☐Sunday
☐B.I.D ■PT ■OT ■ST
■Music therapy ☐Pet therapy
☐Respiratory therapy
■Outpatient therapies
■PT ■OT ■ST
■Activity / T.R. dept.: 2 F.T.E.

Health care services

Advanced care
■Bariatric care: 400 lbs. max.
Brain injury ■CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
■Hickman catheter
■Hospice ■Medicare certified
IV ■Antibiotic ■PCA pump
■Heparin lock ☐Push meds
■Hydration ☐TPN
Infection ■MRSA ■VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ■Program ☐Unit
Tube feeding ■Gastric ☐NG
☐Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ☐Vac
Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
☐Mental illness ☐Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor
Disease
☐AIDS (end stage)
Alzheimer's / Dementia
■Specialized programs
☐Wander alarm system
Secured units ■Indoor ■Outdoor
☐Huntington's
☐MS (specific program) ☐MS unit
■Parkinson's (end stage)

Rochester Rehabilitation & Living Center

1900 Ballington Blvd. NW, Rochester, MN 55901
Fax: (507) 322-5882 | Main: (507) 322-5555
Admissions: (507) 322-5503

www.thehomesteadatrochester.org
Ownership: Volunteers of America

Facility

Total beds 56
56 Medicare 56 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $15/day (TCU)

Medical director
Dr. Anupam Chandra
Mayo Clinic (507) 284-2511

Emergency admissions
☐Nights ☐Weekends ☐From ER

Respite care
■14 days (min.)

Short term rehab
■Unlimited stay

Case managers
■Social workers: 1 F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff: n/a

Continuum of care

- Homestead at Rochester – independent senior housing, assisted living, secured memory care and independent living with services

Specialties

- Bariatric care
- In-house therapies PT / OT / ST
- Connected with Mayo health care systems

Payment accepted

■Medicare ■Medicaid
■BluePlus SecureBlue
■HealthPartners ☐**Contract**
■Medica ☐**Contract**
■UCare
☐VA ☐**Contract**
Private pay: Call for rate
Health care systems
☐Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
☐Medica

Amenities & services

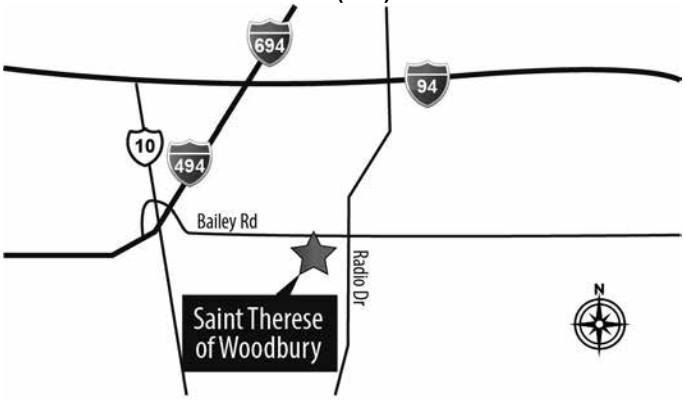
Air conditioning
■Central ☐Window
Media ■Cable ☐Dish ■Wi-Fi
Phone ■In room ☐Shared
Public transportation ■Bus ☐Rail
Religious affiliation
■None ☐Chaplaincy ■Chapel
Smoking policy ■No smoking
☐Designated areas
Support groups ☐AA ☐Alzheimer's
☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: Centrix
■Weekdays ■Saturday ☐Sunday
■B.I.D ■PT ■OT ■ST
☐Music therapy ■Pet therapy
☐Respiratory therapy
■Outpatient therapies
■PT ■OT ■ST
■Activity / T.R. dept.: 1 F.T.E.

Health care services

Advanced care
■Bariatric care: 450 lbs. max.
Brain injury ■CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
■Hickman catheter
■Hospice ■Medicare certified
IV ■Antibiotic ☐PCA pump
■Heparin lock ☐Push meds
■Hydration ☐TPN
Infection ■MRSA ■VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ☐Program ■Unit
Tube feeding ☐Gastric ☐NG
☐Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ☐Vac
Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
■Mental illness ☐Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor
Disease
■AIDS (end stage)
Alzheimer's / Dementia
☐Specialized programs
■Wander alarm system
Secured units ☐Indoor ☐Outdoor
☐Huntington's
■MS (specific program) ☐MS unit
■Parkinson's (end stage)

Saint Therese of Woodbury

7555 Bailey Rd., Woodbury, MN 55129
Fax: (651) 414-4201 | Main: (651) 209-9100
Admissions: (651) 583-1517



www.sttheresemn.org
Ownership: Nonprofit

Facility

Total beds 56
56 Medicare 56 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $35/day (LTC)

Medical director
Dr. Mona Parmar
(651) 326-2111

Emergency admissions
■Nights ■Weekends ■From ER

Respite care
☐Unlimited stay ____days (min.)

Short term rehab
■Unlimited stay

Case managers
■Social workers: 2.6 F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff: n/a

Continuum of care

- Senior housing
- Assisted living
- Memory care

Specialties

- Rehabilitation
- Better balance programming
- Wellness center featuring aquatic therapy pool
- Therapy continuum with home health and outpatient

Payment accepted

■Medicare ■Medicaid
■BluePlus SecureBlue
■HealthPartners ■**Contract**
■Medica ■**Contract**
■UCare
☐VA ☐**Contract**
Private pay: Call for rate
Health care systems
☐Allina
■Fairview Partners
■HealthPartners Comm. Sr. Care
■Medica

Amenities & services

Air conditioning
■Central ☐Window
Media ☐Cable ■Dish ■Wi-Fi
Phone ■In room ■Shared
Public transportation ☐Bus ☐Rail
Religious affiliation Catholic and all denominations
☐None ■Chaplaincy ■Chapel
Smoking policy ■No smoking
☐Designated areas
Support groups ☐AA ■Alzheimer's ☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: In-house staff
■Weekdays ■Saturday ■Sunday
■B.I.D ■PT ■OT ■ST
■Music therapy ■Pet therapy
☐Respiratory therapy
■Outpatient therapies
■PT ■OT ■ST
■Activity / T.R. dept.: 3.6 F.T.E.

Health care services

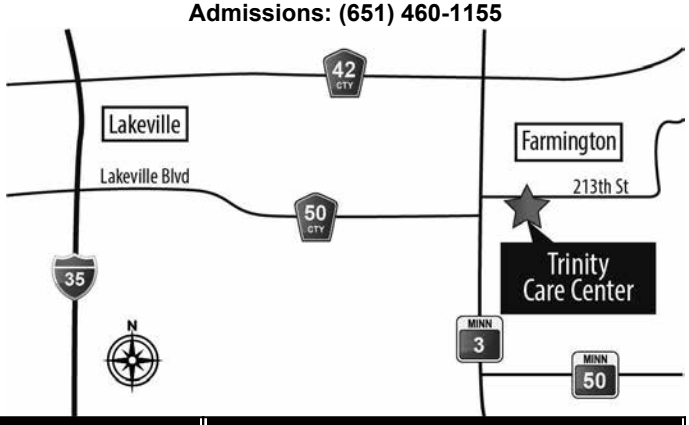
Advanced care
■Bariatric care: 300 lbs. max.
Brain injury ■CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
■Hickman catheter
■Hospice ■Medicare certified
IV ■Antibiotic ☐PCA pump
■Heparin lock ☐Push meds
■Hydration ☐TPN
Infection ■MRSA ■VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ■Program ■Unit
Tube feeding ■Gastric ■NG
☐Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ■Vac

Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
☐Mental illness ☐Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor

Disease
■AIDS (end stage)
Alzheimer's / Dementia
■Specialized programs
■Wander alarm system
Secured units ☐Indoor ■Outdoor
☐Huntington's
☐MS (specific program) ☐MS unit
■Parkinson's (end stage)

Trinity Care Center

905 Elm St., Farmington, MN 55024
Fax: (651) 460-1165 | Main: (651) 463-7818
Admissions: (651) 460-1155



www.fhs.sfhs.org
Ownership: St. Francis Health Services

Facility

Total beds 70
70 Medicare 70 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $36-80/day (TCU)

Medical director
Dr. Sandra Turbes

Emergency admissions
■Nights ■Weekends ■From ER

Respite care
☐Unlimited stay ____days (min.)

Short term rehab
■100 days (max.)

Case managers
■Social workers: 2 F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff: n/a

Continuum of care

- Senior housing with services: 54 apartments - Trinity Terrace
- Memory care: 10 Trinity Suites

Specialties

- Genevive health care system
- Long term campus serving spouses with different needs

Payment accepted

■Medicare ■Medicaid
■BluePlus SecureBlue
■HealthPartners ☐**Contract**
■Medica ■**Contract**
■UCare
■VA ■**Contract**
Private pay: Call for rate
Health care systems
■Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
■Medica

Amenities & services

Air conditioning
■Central ☐Window
Media ■Cable ☐Dish ■Wi-Fi
Phone ■In room ☐Shared
Public transportation ☐Bus ☐Rail
Religious affiliation
☐None ☐Chaplaincy ■Chapel
Smoking policy ■No smoking
☐Designated areas
Support groups ☐AA ☐Alzheimer's
☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: Big Stone Therapies
■Weekdays ☐Saturday ☐Sunday
☐B.I.D ■PT ■OT ■ST
☐Music therapy ☐Pet therapy
☐Respiratory therapy
■Outpatient therapies
■PT ■OT ■ST
■Activity / T.R. dept.: 2 F.T.E.

Health care services

Advanced care
■Bariatric care: 300 lbs. max.
Brain injury ☐CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
■Hickman catheter
■Hospice ■Medicare certified
IV ■Antibiotic ☐PCA pump
■Heparin lock ■Push meds
■Hydration ☐TPN
Infection ■MRSA ■VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ☐Program ☐Unit
Tube feeding ■Gastric ☐NG
☐Tracheostomy ☐New Trach
☐Ventilators ____ Beds
Wound care ■Basic ■Vac

Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
☐Mental illness ☐Primary DX
■MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor

Disease
☐AIDS (end stage)
Alzheimer's / Dementia
☐Specialized programs
■Wander alarm system
Secured units ☐Indoor ☐Outdoor
☐Huntington's
☐MS (specific program) ☐MS unit
■Parkinson's (end stage)

Whitewater Health Services

525 Bluff Ave., St. Charles, MN 55972
Fax: (507) 932-4756 | Main: (507) 932-3283
Admissions: (507) 932-3283

www.whitewaterhealthservices.com
Ownership: North Shore Health Services

Facility

Total beds 45
45 Medicare 45 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $0/day (TCU)

Medical director
Dr. Lindy Hankel
Olmsted Medical Center (507) 932-3810

Emergency admissions
■Nights ■Weekends ■From ER

Respite care
■3 days (min.)

Short term rehab
■Unlimited stay

Case managers
■Social workers: 1 F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff: n/a

Specialties

- Mayo Clinic, Gundersen and Winona health care systems
- Olmsted Medical Hospital
- VA Medical Center

Payment accepted

■Medicare ■Medicaid
■BluePlus SecureBlue
■HealthPartners ☐**Contract**
■Medica ☐**Contract**
■UCare
☐VA ☐**Contract**
Private pay
Health care systems
☐Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
☐Medica

Amenities & services

Air conditioning
☐Central ■Window
Media ■Cable ☐Dish ■Wi-Fi
Phone ☐In room ■Shared
Public transportation ☐Bus ☐Rail
Religious affiliation
■None ☐Chaplaincy ☐Chapel
Smoking policy ■No smoking
☐Designated areas
Support groups ☐AA ☐Alzheimer's
☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: Remedy Therapy Services
■Weekdays ■Saturday ■Sunday
☐B.I.D ■PT ■OT ■ST
■Music therapy ■Pet therapy
☐Respiratory therapy
■Outpatient therapies
■PT ■OT ■ST
■Activity / T.R. dept.: 1 F.T.E.

Health care services

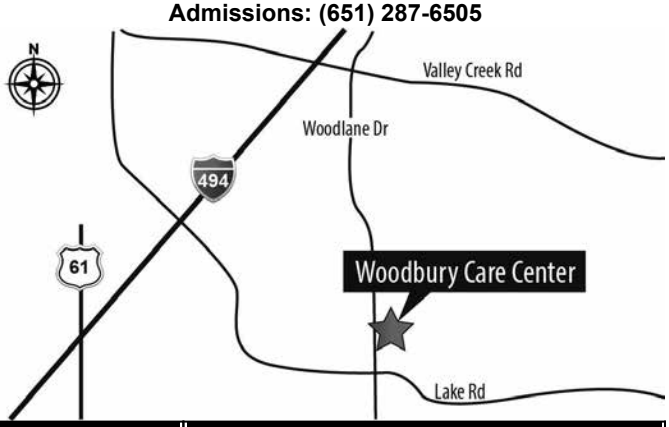
Advanced care
■Bariatric care: 350 lbs. max
Brain injury ■CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
☐Hickman catheter
■Hospice ☐Medicare certified
IV ■Antibiotic ☐PCA pump
☐Heparin lock ☐Push meds
■Hydration ☐TPN
Infection ■MRSA ☐VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ☐Program ☐Unit
Tube feeding ■Gastric ☐NG
☐Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ■Vac

Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
☐Mental illness ☐Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor

Disease
■AIDS (end stage)
Alzheimer's / Dementia
☐Specialized programs
☐Wander alarm system
Secured units ☐Indoor ☐Outdoor
☐Huntington's
☐MS (specific program) ☐MS unit
■Parkinson's (end stage)

Woodbury Health Care Center

7012 Lake Rd., Woodbury, MN 55125
Fax: (651) 287-6574 | Main: (651) 735-6000
Admissions: (651) 287-6505



www.woodburyseniorliving.com
Ownership: Senior Care Communities

Facility

Total beds 155
155 Medicare 155 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $35/day (LTC)

Medical director
Dr. Mona Parmar
(651) 326-2111

Emergency admissions
■Nights ■Weekends ■From ER

Respite care
■Call for number of days

Short term rehab
■Unlimited stay

Case managers
■Social workers: 3 F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff: Spanish and Filipino

Continuum of care

- Woodbury Estates and memory care suites: assisted living
- Woodbury Villa: senior apartments with 24 hour nursing care
- Lont-term care, hospice and respite

Specialties

- Integrative therapies: massage, essential oils, relaxing music and energy work
- Dialysis
- Humana payment accepted

Payment accepted

■Medicare ■Medicaid
■BluePlus SecureBlue
■HealthPartners ■**Contract**
■Medica ■**Contract**
■UCare
☐VA ☐**Contract**
Private pay: Call for rate
Health care systems
☐Allina
■Fairview Partners
■HealthPartners Comm. Sr. Care
■Medica

Amenities & services

Air conditioning
■Central ☐Window
Media ■Cable ☐Dish ■Wi-Fi
Phone ■In room ☐Shared
Public transportation ☐Bus ☐Rail
Religious affiliation Catholic / Protestant Services
☐None ■Chaplaincy ■Chapel
Smoking policy ■No smoking ☐Designated areas
Support groups ☐AA ☐Alzheimer's ☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: Aegis Therapy
■Weekdays ■Saturday ■Sunday
■B.I.D ■PT ■OT ■ST
■Music therapy ■Pet therapy
☐Respiratory therapy
■Outpatient therapies
■PT ■OT ■ST
■Activity / T.R. dept.: 8.5 F.T.E.

Health care services

Advanced care
■Bariatric care: 450 lbs. max.
Brain injury ■CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
■Hickman catheter
■Hospice ■Medicare certified
IV ■Antibiotic ☐PCA pump
■Heparin lock ☐Push meds
■Hydration ■TPN
Infection ■MRSA ■VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ☐Program ■Unit
Tube feeding ■Gastric ☐NG
☐Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ■Vac
Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
■Mental illness ☐Primary DX
☐MR / Intellectual disabilities
■Psychiatric services
☐Specialized unit and staffing
Secured units ■Indoor ☐Outdoor
Disease
■AIDS (end stage)
Alzheimer's / Dementia
■Specialized programs
■Wander alarm system
Secured units ■Indoor ☐Outdoor
☐Huntington's
☐MS (specific program) ☐MS unit
■Parkinson's (end stage)

Zumbrota Health Services

433 Mill St., Zumbrota, MN 55992
Fax: (507) 361-8430 | Main: (507) 361-8400
Admissions: (507) 361-8402

www.zhs.sfhs.org
Ownership: St. Francis Health Services

Facility

Total beds 36
36 Medicare 36 Medicaid
0 Board and Care

Rooms
■Private* ■Double ☐Triple
*Add'l $0/day (TCU)

Medical director
Dr. Judy Fruehbrodt
Mayo Senior Services

Emergency admissions
☐Nights ■Weekends ■From ER

Respite care
■21 days (min.)

Short term rehab
■Unlimited stay

Case managers
■Social workers: 1 F.T.E.

Language
Deaf interpreting staff: ☐ASL
Foreign language speaking staff: n/a

Continuum of care

- Senior housing: 22 units
- Rental apartments – assisted living

Specialties

- Nurse on-call 24 hours / day

Payment accepted

■Medicare ■Medicaid
☐BluePlus SecureBlue
■HealthPartners ☐**Contract**
■Medica ■**Contract**
■UCare
■VA ☐**Contract**
Private pay: Call for rate
Health care systems
☐Allina
☐Fairview Partners
☐HealthPartners Comm. Sr. Care
☐Medica

Amenities & services

Air conditioning
■Central ☐Window
Media ■Cable ☐Dish ■Wi-Fi
Phone ■In room ■Shared
Public transportation ☐Bus ☐Rail
Religious affiliation Catholic
☐None ☐Chaplaincy ■Chapel
Smoking policy ■No smoking
☐Designated areas
Support groups ☐AA ☐Alzheimer's
☐Cancer ☐Parkinson's ☐Stroke
Therapy provider: In-house staff
■Weekdays ☐Saturday ☐Sunday
☐B.I.D ■PT ■OT ■ST
☐Music therapy ☐Pet therapy
☐Respiratory therapy
■Outpatient therapies
■PT ■OT ■ST
■Activity / T.R. dept.: 2 F.T.E.

Health care services

Advanced care
■Bariatric care: 360 lbs. max.
Brain injury ■CVA ☐Young adult
☐Coma management program
☐Dialysis (peritoneal)
■Hickman catheter
■Hospice ■Medicare certified
IV ■Antibiotic ☐PCA pump
■Heparin lock ☐Push meds
■Hydration ☐TPN
Infection ■MRSA ■VRE
■Oxygen (continuous)
☐Skeletal traction
Sub-acute ☐Program ☐Unit
Tube feeding ■Gastric ☐NG
☐Tracheostomy ☐New Trach
☐Ventilators _____Beds
Wound care ■Basic ■Vac

Behavioral health programs
☐Alcoholism ☐Chronic
☐CD support program
■Mental illness ☐Primary DX
☐MR / Intellectual disabilities
☐Psychiatric services
☐Specialized unit and staffing
Secured units ☐Indoor ☐Outdoor

Disease
■AIDS (end stage)
Alzheimer's / Dementia
☐Specialized programs
■Wander alarm system
Secured units ☐Indoor ☐Outdoor
☐Huntington's
☐MS (specific program) ☐MS unit
■Parkinson's (end stage)