

Volunteer Opportunities

The ALS Association, MN/ND/SD Chapter
(The Amyotrophic Lateral Sclerosis Association
..... (612) 672-0484 or (888) 672-0484
333 N. Washington Ave., #105, Minneapolis, MN 55401
www.alsmn.org

Artsy Smartsy, LLC
Tina Marie Ottmar (651) 334-3997
"Changing Lives of Seniors Through ART"
www.artsysmartsyclass.com

Catholic Charities Aging Services
..... **Central Intake (651) 647-2290**
1276 University Ave. W., St. Paul, MN 55104
www.cctwincities.org/agingservices

Courage Center (763) 520-0214
3915 Golden Valley Rd., Minneapolis, MN 55422
www.couragecenter.org

DARTS (651) 455-1560
1645 Marthaler Ln., West St. Paul, MN 55118
Aging and Caregiving Resources
www.darts1.org www.caregivermn.org

Keystone Community Services
..... (651) 645-0349
2000 St. Anthony Ave., St. Paul, MN 55104
www.keystonecommunityservices.org

Little Brothers - Friends of the Elderly
Atrium Building (612) 746-0753
1295 Bandana Blvd. N., #165, St. Paul, MN 55108
www.littlebrothersmn.org

Lutheran Social Service of Minnesota
..... (888) 205-3770
590 Park St., #406, St. Paul, MN 55103
www.lssmn.org

Metro Meals on Wheels
Tara Kumar (612) 623-3363
For Local Meal Delivery, Call or Visit
www.meals-on-wheels.com

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Metropolitan Area Agency on Aging
..... (651) 641-8612
2365 N. McKnight Rd., N. St. Paul, MN 55109
www.tcaging.org

neighbors, inc.
Shari Hansen (651) 306-2149
Visiting Seniors in North Dakota County
www.neighborsmn.org

Normandale Center for Healing & Wholeness
In Edina (952) 929-1697
Serving Older Adults & Their Families Since 1998
www.healing.normluth.org

Optage In-home Care & Services (651) 746-8200
Service Division of Presbyterian Homes
Your Bridge to Optimum Aging
www.optage.org

Senior Community Services (SCS)
..... (952) 541-1019 x317
10709 Wayzata Blvd., #111, Minnetonka, MN 55305
www.seniorcommunity.org

Southeast Seniors - A Living at Home
Block Nurse Program (612) 331-2302
66 Malcolm Ave. SE, Minneapolis MN 55414
www.seseniorsmpls.org

Tamarisk, Inc. (763) 572-1950
1657-161st Ave. NW, Andover, MN 55304
www.tamarisk.org

Tubman ElderCare & Rights Center
..... (651) 789-6750 / (800) 893-4055
1725 Monastery Way, Maplewood, MN 55109
www.eldercarerights.org

Volunteers of America—Minnesota
Retired and Senior Volunteer Program (RSVP)
Hennepin / Scott / Carver (952) 945-4165
Ramsey, Washington, Dakota (952) 945-4162
Chisago, Isanti, Kanabec, Mille Lacs, Pine
..... (320) 679-1080 or (612) 390-5218
Experience Corps (952) 945-4164
Telefriends (952) 945-4165