

Mental Health Services*

DEFINITION

Specializes in beneficial activities which aim to overcome issues involving emotional disturbance or behaviors adversely affecting socialization, learning or development. Usually provided by public or private mental health agencies and includes both residential and non-residential activities.

Many seniors suffer from depression. Mental health issues are often undiagnosed in seniors because they are combined with dementia / Alzheimer's diagnoses.

*See also: Psychological Services

Mental Health Services

Associated Clinic of Psychology
..... (612) 925-6033
3100 W. Lake St., #210, Minneapolis, MN 55416

**Bethesda Hospital
Geriatric Medical Behavioral Services**
.....(651) 829-6219
559 Capitol Blvd., St. Paul, MN 55103

Courage Center (763) 520-0312
3915 Golden Valley Rd., Minneapolis, MN 55422
www.couragecenter.org

Eldercare Consultants, PSC..... (612) 805-5672
Mike Justin, LICSW, MALP, Owner
5209 Kings Cr. N., Minneapolis, MN 55443
www.eldercc.us

ElderCare Consultants

“Leaders in Care Management”

Specializing in placement and care management of clients with medical, dementia and mental health issues.

A Multi-Disciplinary Team Including:
Psychologist, Social Workers & RNs

*For information or to set up a
FREE interview
Call or visit our website
www.eldercc.us*

612-805-5672

**Geriatric Mental Health of United Hospital
Allina Hospitals and Clinics**
..... *Referral Line* (651) 241-8860
..... *Fax* (651) 241-5870
333 Smith Ave. N., St. Paul, MN 55102

Mental Health Services

**Geriatric Mental Health of Unity Hospital
Allina Hospitals and Clinics**
..... *Referral Line* (763) 236-4464
..... *Fax* (763) 236-4476
550 Osborne Rd., Fridley, MN 55432

LifeLINE Senior Service, LLC
Jeff..... (612) 839-6838
Overcoming Challenges and Enriching Lives
www.lifelineseniorservice.com

Living Spirit Therapy Services, LLC
Melissa Hirokawa, M.M., MT-BC, NMT Fellow
..... (952) 240-6130
Board Certified Music Therapist
www.livingspirittherapy.com

Lutheran Social Service of Minnesota
..... (888) 881-8261
2400 Park Ave., Minneapolis, MN 55404
www.lssmn.org

Medica Center for Healthy Aging
..... (952) 992-2030 or (800) 906-5432
..... *TTY* (952) 992-3650 or (800) 234-8819

Pathfinder Care Management / Rent-A-Daughter™
..... (612) 729-9096
4826 Chicago Ave. S., #205, Minneapolis, MN 55417
www.pathfindergcm.com

Recover Health (952) 926-9808
*We Bring Health Care Home
Serving 35 Counties in Minnesota*
www.recoverhealth.org

**Regina Medical Center, Grace Unit
Geriatric Behavioral Health**
..... *Intake / Admission Line* (651) 480-4126
1175 Nininger Rd., Hastings, MN 55033

Mental Health Services

Volunteers of America of Minnesota
Senior Mental Health Services... (763) 225-4054
7625 Metro Blvd., Minneapolis, MN 55439
www.smhvoamn.org

Senior Mental Health Services

Outpatient mental health therapy for individuals 55+

- Addressing issues of depression, anxiety, grief & loss, stress, etc.
- Covered by medical insurance
- Locations throughout the Twin Cities, including in-home services for eligible clients



Volunteers of America
MINNESOTA

Strengthening one's ability to live life to the fullest.

Mental Health Services

