

# Managed Care Providers

## **DEFINITION**

The Minnesota Senior Health Options (MSHO) is a health care program that combines separate health programs and support systems into one health care package. It is for people ages 65 and older who are eligible for Medical Assistance (MA) and enrolled in Medicare Parts A and B or who have MA only. People can choose to join MSHO or stay in their current MA program. MSHO enrollees are assigned a care coordinator who will help them get their health care and related support services.

MSHO is administered by the Minnesota Department of Human Services (DHS) and nine health maintenance organizations: Blue Plan, First Plan Blue, Health-Partners, Itasca Medical Care, Medica, Metropolitan Health Plan, PrimeWest Health System, South Country Health Alliance and UCare Minnesota.

For Additional Information Link to:

**[http://www.dhs.state.mn.us/main/idcplg?IdcService=GET\\_DYNAMIC\\_CONVE  
RSION&dDocName=id\\_006271&RevisionSelectionMethod=LatestReleased](http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVE<br/>RSION&dDocName=id_006271&RevisionSelectionMethod=LatestReleased)**

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