

HMOs

DEFINITION

Health Maintenance Organization. A form of health insurance combining a range of coverages in a group basis. A group of doctors and other medical professionals offer care through the HMO for a flat monthly rate with no deductible's. However, only visits to professionals within the HMO network are covered by the policy. All visits, prescriptions and other care must be cleared by the HMO in order to be covered. A primary physician within the HMO handles referrals.

This section provides a list of businesses offering HMOs for an elderly and / or disabled individual in the Greater Twin Cities.

HMOs

HealthPartners Member Services

..... (952) 883-7979

8170–33rd Ave. S., Bloomington, MN 55425

(See Insert Below)

Medica Center for Healthy Aging

..... (952) 992-2030 or (800) 906-5432

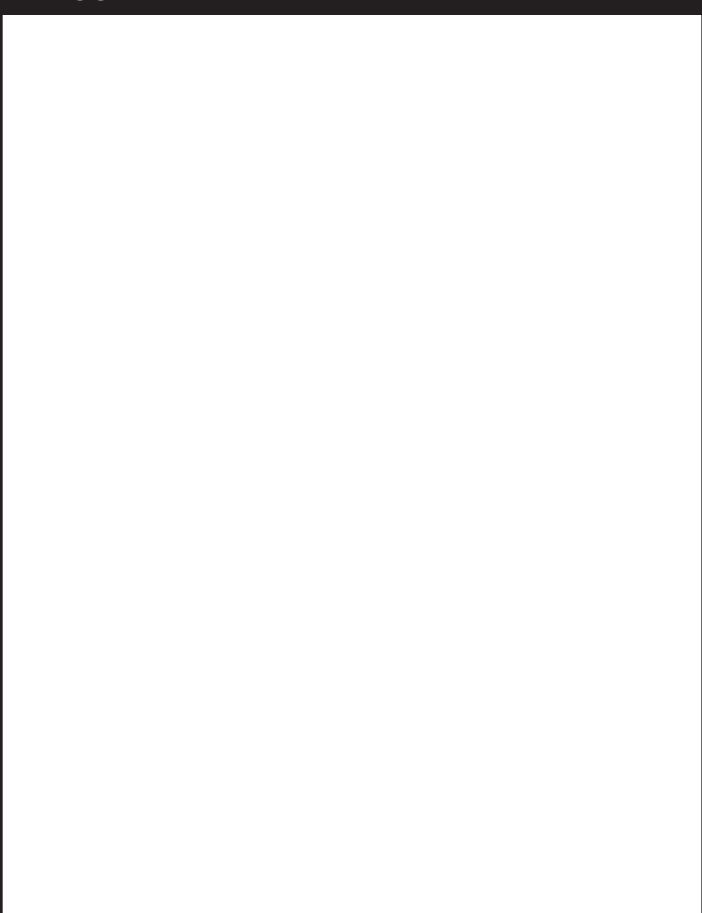
..... TTY (952) 992-3650 or (800) 234-8819

UCare(612) 676-3554

P.O. Box 52, Minneapolis, MN 55440

(See Insert on Page 3)

HMOs



Help your clients get the most out of the health care system with HealthPartners® Classic Minnesota Senior Health Options (MSHO) Plan (HMO SNP).

Just as you advocate for your clients, when they enroll in MSHO we provide them with personal Care Coordinators who work with their doctors and help them get the services they need to stay in their homes. Our Care Coordinators do whatever it takes to maintain and improve the health of your clients – from helping with prescription drugs to setting up doctor's appointments to arranging transportation, meal, interpreter and chore services as needed.

MSHO is a free program available to anyone who:

- Is 65 years or older and does not have End Stage Renal Disease (permanent kidney failure),
- Is enrolled in Medical Assistance and Medicare Parts A and B, and
- Lives in Anoka, Benton, Carver, Chisago, Dakota, Hennepin, Ramsey, Scott, Sherburne, Stearns, Washington or Wright counties.

For more information, call 952-883-5050 or 1-800-247-7015 8 a.m. - 8 p.m., seven days a week. (TTY users call 982-883-6060 or 1-800-443-0156.)



HealthPartners is a plan with a Medicare contract. H2422_MSHO1146 2/3/2011

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Choose UCare's Minnesota Senior Health Options (MSHO) (HMO SNP)

UCare's MSHO members benefit from:



- Free membership and no monthly dues at the YMCA.
- Dental coverage.
- Prescription drug coverage.
- A Strong and Stable Kit to help prevent falls.

612-676-3554 or 1-800-707-1711 (toll free)
TTY: 612-676-6810 or 1-800-688-2534 (toll free)
8 a.m. to 8 p.m. daily

This plan is available to individuals who are age 65 or over, receive Medicaid (Medical Assistance) from the state, have Medicare Parts A and B, and live in the service area.

The benefit information provided herein is a brief summary, not a comprehensive description of benefits. For more information contact the plan.

Benefits, formulary, pharmacy network, premium and/or co-payments/co-insurance may change January 1, 2013.

UCare's MSHO is a coordinated care plan with a Medicare Advantage contract and a contract with the Minnesota Medicaid program.

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