

Counseling / Coaching

DEFINITION

Senior care professionals and businesses specializing in providing assistance and activities that motivate an elderly and / or disabled individual with purpose and passion in life. Assistance with activities that have become challenging due to medical issues of an elderly and / or disabled individual are done with the goal of maintaining dignity.

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**Amherst H. Wilder Foundation
Community Services for Aging... (651) 280-2500**
650 Marshall Ave., St. Paul, MN 55104

Catholic Charities Aging Services
..... **Central Intake (651) 647-2290**
1276 University Ave. W., St. Paul, MN 55104
www.cctwincities.org/agingservices

DARTS(651) 455-1560
1645 Marthaler Ln., West St. Paul, MN 55118
Aging and Caregiving Resources
www.darts1.org www.caregivermn.org

Eldercare Partners (651) 234-2262
1645 Marthaler Ln., West St. Paul, MN 55118
www.eldercarepartners.org

Financial Wellness For You, LLC
Maura A. Albrecht ChFC..... (651) 434-2003
Serving the Twin Cities Metro Area
www.finwell4you.com

**Jewish Family & Children's Service of Minneapolis
L'Chaim Senior Services (952) 546-0616**
13100 Wayzata Blvd., #400, Minnetonka, MN 55305
www.jfcsmpls.org

LifeLINE Senior Service, LLC
Jeff (612) 839-6838
Overcoming Challenges and Enriching Lives
www.lifelineseniorservice.com

Little Brothers-Friends of the Elderly
..... **(612) 746-0738**
1845 E. Lake St., Minneapolis, MN 55407
www.littlebrothersmn.org

Lutheran Social Service of Minnesota
..... **(612) 879-5320**
2400 Park Ave., Minneapolis, MN 55404
www.lssmn.org

My Coach
Kathleen Harmon, CPM, CSA (612) 850-3123
Leasing & Fair Housing Training Via Laptop
www.greatplacesinc.com

Counseling / Coaching

Pathfinder Care Management / Rent-A-Daughter™
..... **(612) 729-9096**
4826 Chicago Ave. S., #205, Minneapolis, MN 55417
www.pathfindergcm.com

Senior Community Services (SCS)
..... **(952) 541-1019 x317**
10709 Wayzata Blvd., #111, Minnetonka, 55305
www.seniorcommunity.org