

Congregate Dining for Seniors

DEFINITION

Public places for an elderly and / or disabled individual to go for a nutritious and healthy meal that is provided at a price that is affordable for their fixed income. The elderly person who wants to avoid preparing their own meals, may choose to go to a senior center or live in senior housing, where hot meals are served in a central dining room area to a group of elderly individuals dining together. This activity not only provides meals but also provides a social activity for a senior living alone.

SERVICES

- Serving a hot meal for breakfast, lunch or dinner
- Special Diets may be accommodated by request
- Providing a dining room for an elderly group of individuals to dine together and socialize too.

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Optage In-home Care & Services(651) 746-8200
Service Division of Presbyterian Homes
Your Bridge to Optimum Aging
www.optage.org

Senior Community Services (SCS)
.....(952) 541-1019 x317
10709 Wayzata Blvd., #111, Minnetonka, 55305
www.seniorcommunity.org

Senior LinkAge Line® (800) 333-2433
Information & Assistance

Volunteers of America–Minnesota
Senior Nutrition Services..... (952) 945-4156
7625 Metro Blvd., Minneapolis, MN 55439
Serving Hennepin and Anoka Counties
www.voamn.org

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