

Alzheimer's & Memory Loss Resources

A majority of providers address needs for persons with Alzheimer's and other dementias. **There are those providers that specialize in the area of Memory Care and provide separate, distinct and specific services geared exclusively to the needs of those with dementia.** These providers include Skilled Nursing Facilities, Assisted Living, Residential Assisted Living and Adult Day Care.

Skilled Nursing Facilities

The facilities designated as Memory Care offer Dementia programs in a designated unit not integrated with the general population. Many times this is a secured setting. Some of the other features to look for may include: consistent staff who receive ongoing dementia training, specialized programs and a supportive environment. These facilities may be accredited by the Joint Commission of Hospitals as a Special Care Unit.

Assisted Living & Residential Assisted Living

1. A statement of the overall philosophy and how it reflects the special needs of residents with Alzheimer's disease or other dementias;
2. The criteria for determining who may reside in the special care unit;
3. The process used for assessment and establishment of the service plan or agreement, including how the plan is responsive to the changes in the resident's condition;
4. Staffing credentials, job descriptions and staff duties and availability including any training specific to dementia;
5. Physical environment as well as design and security features that specifically address the needs of residents with Alzheimer's disease or other dementias;
6. Frequency and type of programs and activities for the residents of the special care unit;
7. Involvement of families in resident care and availability of family support programs;
8. Fee schedules for additional services to the residents of the special care unit;
9. A statement that residents will be given a written notice 30 days prior to changes in the fee schedule.

Adult Day Care

Adult Day Programs that provide specific dementia care offer specialized programming that is separate, for a majority of the programming day, from those clients who are not cognitively impaired. This specialized programming considers the unique needs of the cognitively impaired and implements techniques that promote success. This can happen in a separate physical area or in a separate area of a large room, as long as a therapeutic environment can be created.

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Above & Beyond Senior Services

Allison Bakke, OTR/L..... (612) 965-5122

Serving the Greater Metro Area

www.aboveservices.com

Alzheimer's Association Minnesota-North Dakota

..... **24/7 Info Helpline (800) 272-3900**

7900 W. 78th St., #100, Minneapolis, MN 55439

www.alz.org/mnnd

alzheimers  association®

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www.alz.org/mnnd

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Alzheimer's Speaks

Lori La Bey..... (651) 748-4714

Shifting Our Dementia Care Culture

www.alzheimersspeaks.com

Bethesda Hospital

Geriatric Behavioral Services Medical Services

..... **(651) 829-6219**

559 Capitol Blvd., St. Paul, MN 55103

Family Memory Care Program

Heidi Haley-Franklin, MSW, LICSW.... (952) 857-0527

Alyssa Aguirre, MSW, LGSW (952) 857-0535

Dorothea Harris, MSW, LGSW... (952) 945-4175

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Joseph E. Gaugler, PhD..... (612) 626-2485

Assoc. Prof., School of Nursing, U of M

Topics: Dementia, Caregiving, Families & LTC

www.nursing.umn.edu/facultystaffandpreceptors/gauglerjoseph

Geriatric Mental Health of United Hospital

Allina Hospitals and Clinics

..... **Referral Line (651) 241-8860**

..... **Fax (651) 241-5870**

333 Smith Ave. N., St. Paul, MN 55102

Geriatric Mental Health of Unity Hospital

Allina Hospitals and Clinics

..... **Referral Line (763) 236-4464**

..... **Fax (763) 236-4476**

550 Osborne Rd., Fridley, MN 55432

Living Spirit Therapy Services, LLC

Melissa Hirokawa, M.M., MT-BC, NMT Fellow

..... **(952) 240-6130**

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MindStart (612) 868-5831

Activities for Persons with Memory Loss

Designed by an Occupational Therapist

www.mind-start.com

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Senior Abilities Unlimited, LLC

Nicole Rennie, PT, GCS..... (952) 746-3222

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Therapy Solutions, Inc.

Sharon Gregoire, OTR/L (612) 619-7381

Serving Greater Metro Area

www.therapysolutions-mn.com

Touching Hearts at Home..... (651) 452-7900

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Bloomington & South Metro

www.touchinghearts.com/southmetro